



Outdoor Women Unlimited
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SIGN UP TODAY
OVER 20 EVENTS

The mission of the Outdoor Women Unlimited program is dedicated to providing women and families with the education and the excitement of the outdoor experience through teaching outdoor life skills, sharing the knowledge of our natural resources, while building self esteem, strengthening individual character, and promoting self reliance in a safe and professional environment.

Outdoor Women Unlimited Accept No Limits

Southern Classic 2010
February 26, 27, & 28, 2010



Outdoor Women Unlimited

Southern Sportsman Lodge
Benton, Alabama

www.outdoorwomenunlimited.org



Join us for a fun filled weekend of outdoor adventure at the 2010 Outdoor Women Unlimited Southern Classic. This extraordinary weekend will be held at the legendary Southern Sportsman Lodge in Benton, Alabama. Start this year on the right foot with an adventurous weekend that is sure to test your limits. The weekend will include a bonfire on Friday night, the 2010 Classic on Saturday, and other special events throughout the weekend.. With over 30 events, special guests, door prizes, raffles, and more, you are sure to have a great time as well as learn the skills it takes to be an outdoor woman. Our professional instructors will provide a detailed presentation in a safe environment with hands-on participation. Don't miss out on this great opportunity to explore the avenues of the outdoors and press your limits for a day in the Great Outdoors!!

Events

Floriculture: Spring forward in floral design. Our floriculture experts will give you the latest design elements to complete any home.

Shotgun I : Officers from the **Alabama Conservation Enforcement Officers Association (ACEOA)** and volunteers from the **Lower Wetumpka Shotgun Sports Club (LWSSC)** will instruct gun safety, techniques and terminology. Our team will teach the skills that will bring put confidence in every shot.

Shotgun II: Practice makes perfect! Learn shooting techniques that will advance your skills After Shotgun II, you will be ready to participate in the **OWU No Limits Shooting Event** in the spring.

Trailer Backing: This class is sure to be a hit! Learn the basics . . . from hitching a trailer to successful backing; you will be prepared for your next trailer excursion.

Photography Safari: A sunrise over a lake or a doe with her fawn grazing in a morning field, the outdoors creates a canvas of perfect pictures. This class will teach you valuable tools, so that you may truly capture the outdoors for a lifetime. Please bring your own camera and film.

ATV Training I: Officers of the **ACEOA** will teach you the safety, skills, and basic techniques of operating an ATV. Understanding the basics will allow you to enjoy the great outdoors in a safe environment

ATV Training II: Knowing the basics is a great foundation. However, maneuvering an ATV on tricky terrain can be challenging and sometimes dangerous. Therefore our ATV instructor will provide the knowledge needed to have you ready to ride the trails throughout Alabama.

Wood duck Habitat Building: Learn the importance of restoring wood duck habitats on the lakes and rivers of Alabama. Conservation of our wildlife and its habitat is a key focus of OWU.

Canoeing/Kayaking: Alabama's waterways are magnificent and breathtaking and after this class you will have the skills to truly become one with nature. The team of **Coosa River Adventures** will have you paddling your way through Alabama and on **OWU Conquers the Coosa** trip.

Archery I: As one of the most popular outdoor activities, archery is a sport of skill and precision. Our instructors will teach you a fool proof formula for hitting the bulls eye every time.

Archery II: So you think you can shoot a bow? Come test your skills on the walking range course of 3-D targets. Bring your own equipment.

Dutch Oven Cooking: Learn how to Dutch oven cook over an open camp fire with the "CHEF" of outdoor cuisine. Become the gourmet of the campground with these recipes and make all your neighbors envy and wanting more of these delicious down home recipes.

Self Defense: Become a graduate of the academy of self defense. Our friends at the **Alabama Karate Academy** will teach you the skills and information you need to protect yourself against any intruder. Watch out Bruce Lee!

Fly Fishing: The art of fly fishing is a popular and challenging outdoor sport. Our instructor will build the foundation of fly fishing from the elements of fly tying to the techniques in casting.

Compass/Orienteering: Success is not found at the destination but in the journey, so make your

journey be successful by learning the basics in compass and orienteering. . . with this class you will always find a way.

Pistol Shooting: The components of firearm safety are crucial in learning how to shoot a pistol. The **Alabama Department of Conservation and Natural Resources Law Enforcement Division** officers will demonstrate and train the use of a variety of pistols so you will be secure and confident next time you shoot a handgun.

Stick to Staff: Whittle a little here...sand a little there...learn from the professionals the art of woodcarving. It will all come together in a beautiful staff for your nature walk, decoration, or heirloom.

Fishing: Fishing is a sport that involves technique and skill. Learn the basics of fishing for the most popular Alabama fish species such as the Largemouth Bass. Our instructors will provide knowledge that will give you the competitive edge to . . . Hook the BIG ONE!

Outdoor Art: Remember the day you accepted no limits; create a piece of outdoor art to take home. Our crafter will instruct you on the latest trend in shoe covering as well as a piece of home décor to take home as a memento of the weekend.

Camping: Let's Go CAMPING! Every outdoor woman needs to know the basics of camping, whether it's pitching a tent or tying a knot this is a class you sure don't want to miss.

Outdoor 1st Aid & Survival: First aid and survival are essential tools needed for every Outdoor Woman. This class will teach the you the proper skills of first aid and survival to make your outdoor experience a great one!

Hatchet Throwing: So you think you are good with a bow and arrow . . . well why not try hatchet throwing. Our champion thrower will not only demonstrate this technique but you will get a chance to throw at the bulls eye.

Firearm Safety/Cleaning: The most important element of gun safety is understand your equipment. Our Instructor will demonstrate the basics of gun cleaning and why this technique is a vital component to the safety and durability of your firearm (firearms and cleaning supplies on site).

Field Dog Class and Demonstration: Learn the basic training techniques of teaching your hunting dog to retrieve your game. **Will and Bobbie-Ann Thames** will also demonstrate the skill and talent of their dogs in the sport of quail hunting.

Horsemanship (Level I) : Learn the basics on horses and the techniques of riding. This class will teach you the 1-2-3 of horing riding and horse care. The AQHA instructors will have your riding like a pro after this class!

Horsemanship (Level II) : Calling all Horse owners! The AQHA veterinarian will teach the important health needs and innovative technology of equine health and therapy! Don't miss this excellent opportunity to ask questions and learn from a specialized equine veterinarian.

Air Rifles: The members of **Alabama Conservation Enforcement Officers Association** will be on hand to teach the basic safety and components in riflery with air rifles. If whitetail deer hunting is what you desire and you want to know the basics of harvesting the big one this is the class for you.

Wooden Spoons: The art of woodworking is a trade that has been around for years and we are bringing the basics to you. Come and make your own wooden spoon and meet our fantastic team of wood workers let by **Bob Gantt**.

HUNTER SAFETY COURSE: So you think you are ready to take on the Great Outdoors but you need your Hunter's Education Card. OWU will be providing a course for you on Sunday . If you want to take the course place make sure you check the separate box on the registration form. You will need to complete an online course prior to the class on Sunday and bring a certificate with you. If you are interested in taking the course please contact us for more details.

The course is located at <http://www.dcnr.state.al.us/hunting/education/>. Follow the links to the page <http://www.beasafehunter.org/> and print the certificate to bring with you for the class.

Painting: Become your own Picasso in this special opportunity to relax Saturday evening and create a scenic masterpiece. Extra Fee!